

FORMULA 01**PRESENTATION: 48 Capsules****HOW TO TAKE IT:** Take

1 capsule at breakfast and another at dinner.

INGREDIENTS:**QT. DAILY:**

Fish oil	460mg
(EPA)	82.8mg
(DHA)	55.2mg
Vitamin C	160mg
Borage Oil	120mg
(GLA)	24mg
L-cystine base	100mg
Iron	13.4mg
Soya Lecithin	44mg
Vitamin B3	32mg
Zinc	10mg
Vitamin E	12.06mg
Vitamin B5	12mg
Magnesium	6mg
B12 vitamin	5µg
Vitamin B6	2.8mg
Vitamin B2	2.8mg
Vitamin B1	2.2mg
Vitamin B9	400µg
Biotin	100µg



FORMULA 02

PRESENTATION: 40 Capsules

HOW TO TAKE: Take 4 capsules per day, 2 after breakfast and 2 after lunch.

INGREDIENTS:

Collagen
Zinc
Selenium
Biotin

QT. DAILY:

300mg
10mg
55µg
50µg



FORMULA 03

PRESENTATION: 36 Capsules

HOW TO TAKE: Take 1 capsule per day.

INGREDIENTS:

QT. DAILY:

Taurine	150mg
Vitamin C	80mg
<i>Vitis vinifera</i> , Red Vine	25mg
Lutein	20mg
Vitamin B3	16mg
Zinc	10mg
Vitamin E	12mg
Copper	1mg
Vitamin B2	1.4mg
Vitamin A	800µg
Beta-carotene	0.25mg
Biotin	50µg



FORMULA 04

PRESENTATION: 60 Capsules

HOW TO TAKE: Take 1

capsule on an empty stomach and another before dinner.

INGREDIENTS:

QT. DAILY:

Collagen
Q10

1000mg
1mg



FORMULA 05

PRESENTATION: 40 Capsules

HOW TO TAKE: Take 2

capsules on an empty stomach and 2 before dinner.

INGREDIENTS:

QT. DAILY:

Collagen	800mg
Vitamin C	80mg
Hyaluronic Acid	60mg
Coenzyme Q10	30mg



FORMULA 06**PRESENTATION: 64 Capsules**

HOW TO TAKE: Take 1 capsule twice a day.

INGREDIENTS:**QT. DAILY RATE:** (1 capsule) (2 capsules)

<i>Humulus lupulus</i> , Hops	75mg	150mg
<i>Fagopyrum esculentum</i> , Buckwheat	50mg	100mg
<i>Avena sativa</i> , Oats	40mg	80mg
<i>Hordeum vulgare</i> , Barley	40mg	80mg
<i>Pimpinella anisum</i> , Fennel	35mg	70mg
<i>Triticum aestivum</i> , Wheat	35mg	70mg
<i>Foeniculum vulgare</i> , Fennel	30mg	60mg
<i>Trigonella foenum-graecum</i> , Fenugreek	30mg	60mg
<i>Galega officinalis</i> , Galega	20mg	40mg
Collagen	20mg	40mg
<i>Oenothera biennis</i> , Evening primrose	2.5mg	5.0mg



FORMULA 07

PRESENTATION: 500ml

HOW TO TAKE: Take

25ml at breakfast, and 25ml at dinner, diluted in a glass of water or juice.

INGREDIENTS:

Hydrolyzed Collagen
Ext.hid.Vitis *vinifera*, Red Vine Vitamin C

Alpha lipoic acid
Zinc
Hyaluronic Acid
Selenium

QT. DAILY:

15000mg
80mg
80mg
50mg
10mg
10mg
55µg



FORMULA 08

PRESENTATION: 500ml

HOW TO TAKE: Take 1

tablespoon (10ml) 20 minutes before meals (breakfast, lunch and dinner).

INGREDIENTS:

Equisetum arvense (Horsetail)
Bambusa vulgaris (Bamboo)
(Silicon)
Vitamin C
Vitamin B3
Zinc
Vitamin B5
Vitamin B6
Vitamin B2
Selenium
Biotin

QT. DAILY:

1500mg
120mg
102mg
20mg
2.4mg
1.5mg
1.2mg
0.28mg
0.21mg
11µg
10µg



FORMULA 09

PRESENTATION: 30 sachets

HOW TO TAKE:

Take 1 sachet per day, diluted in water.

INGREDIENTS:

Hydrolyzed Collagen
Vitamin C
Curcuma longa, Curcuma
Hyaluronic Acid

QT. DAILY:

9500mg
80mg
20mg
15mg



FORMULA 010

PRESENTATION: 400g

HOW TO TAKE: Dissolve

1 and a half spoons of powder in a glass of water and take once a day.

INGREDIENTS:

Collagen
Magnesium
Glucosamine Sulfate
Chondroitin sulfate
Vitamin C

QT. DAILY:

10000mg
180mg
100mg
100mg
80mg

